

Arlington Council on Aging

Meeting Minutes May 18, 2017

Present: Mara Klein Collins, Jim Munsey, Paul Raia, Noreen Murphy, Jill Greenlee, Rick Fentin, Ann Fitzgerald, Dick Phelps, and Marge Vanderhill.
Associate member present: Karen Nichols and Bob Tosi

I. Call to order: The regular meeting of the Council on Aging Board was called to order by Mara Klein Collins at 6:02PM on May 18, 2017, at 27 Maple Street, Arlington, MA.

II. Minutes of April 20, 2017, moved by Noreen, approved by all.

III. Age Friendly Sub-Committee: Application accepted with grammatical corrections

IV. Report of the Chair

A. Road race details: see under New Business

B. Joe Curro will be the liaison with the Friends situation and will check in with the Town Counsel.

V. Executive Directors Report:

A. Thank you to Bill Murphy (COA) and Frank Tadley (ASA) for their efforts in creating an wonderful afternoon to thank volunteers from both organizations.

B. Walk the Rink program started and thanks again to our 6 sponsors: Bright View of Arlington, Lahey Hospital, Mt. Auburn Hospital, Noreen Murphy, Esq., Salter Health Care and Watertown Savings Bank.

C. First Parish Church as awarded the COA \$250 for scholarships for women to attend programs at the COA at a discounted price or for free.

D. ED submitted a \$34,500 grant request to the Sanborn Foundation to be used to provide rides to/from cancer treatments.

E. Transportation/Volunteer Coordinator out on medical leave.

F. Susie Goldman, Operation A.B.L.E placement has left the COA for additional training and a new assignment. Susie was at the COA for 3 years , learning and functioning as our program coordinator. She brought many wonderful ideas to our center. Thank you Susie!

G. Free grocery program is going well. Boston Food Bank has incorporated fresh vegetables in the groceries. Participants will also be receiving a free utility cart.

H. The COA, through the Health and Human Services Charitable Corp, will request approval from the Town on June 5 to host the annual 5k race. The race is slated for Sunday, September 10.

I. ED and APD collaborating on an event – Senior Pedestrian Safety. This event will be June 22, 2017. Chief Fred Ryan will provide the opening remarks.

- J. ED received a grant to be a host site for “Being Mortal”. This film will more than likely be shown at the Regent Theater during the month of June. A condition of the grant is that we have surveys and discussion AFTER the film is show. The film is in line with our well attended program, “When the Hearse Backs up to the Door; Developing Strategies for a Good Death” which will be offered early fall.
- K. The COA and True Story Theater will be collaborating on a project for Elder Abuse Day. We partnered on a grant that they received and the program will be a large community event on June 15.
- L. Omissions not intentional and if new items arise prior to the April 20th meeting, they will be addressed at that time.

VI. Old Business:

A. Minuteman Senior Services:

- 1. The Finance Committee is working on simplfying their report to the Board.
- 2. The representative from Littleton’s COA gave a report on the challenges the community is facing in meeting the needs of its seniors.

B. Nominations for officers will be the current slate. There will be a vote at the next meeting. Noreen, Paul, and Jim need to renew their membership.

VII. New Business: 5k race scheduled for September 10, 2017

- A. A big endeavor but Bill Murphy can help with lining up volunteers.
- B. The role of the Board needs to be clarified.
- C. The sub committee of members Jill, Mara, Jim, and Rick will meet with Susan before the Board of Selectmen’s next meeting. A financial perspective is needed.

VII. The meeting was adjourned at 7:16pm.